

REVISED INSTRUCTIONS FOR RECEIVING HOLY COMMUNION

Revised June 26, 2020



1. Communicants are now invited to receive Holy Communion.
2. Please keep your mask on.
3. Do keep six feet behind the person ahead of you and be guided by the markers on the floor.
4. Once standing opposite the Priest maintain a six-foot distance when responding "Amen" to the invocation
5. Receive Holy Communion in your palm, turn away from the priest/minister then briefly lower your mask and place the host in your mouth
6. As you return to your seat along the designated aisle, readjust your mask to cover your nose and mouth.
7. Once seated, you may sanitise your hands with your own alcohol sanitiser as you would have just touched your face and mask

PS. Please place a bottle of hand sanitizer on a sturdy table near to the area(s) where Holy Communion is being distributed so that in the event that the Priest accidentally touches the hand of the communicant, he can carefully rest the ciborium on the table while he sanitizes his hands

These Guidelines were prepared by the Archdiocesan Health, Safety and Environment Team